

A Health Strategy for people with a Learning Disability.

Why have a Health Strategy?

- We know that the health of people with a learning disability is not as good as other people in the community.
- We know that people do not experience a good service from the NHS sometimes.
- We know that people with a learning disability are more likely to die from treatable diseases than other people.
- We know that people die at a younger age than other people.
- We know that family carers of people with a learning disability need help to continue
 - ✓ The NHS has a responsibility under the Disability Discrimination Act to improve things for people with a learning disability so individuals can get the same chances as other people.
 - ✓ This may mean they need a specific service or strategy.



What does the Strategy hope to do?

- ✓ To improve individuals health
- ✓ To improve things so people can lead full and active lives
- ✓ To improve things so people feel good about themselves
- ✓ To develop way of finding out how healthy people with a learning disability are who live in Southampton.
- ✓ To involve patients with learning disability and family carers in improving services.
- ✓ To provide better information to help people make choices about their health.



What are the local things we need to do to improve health?

Children's Services

- ✓ We are joining teams together to make one whole team called "Jigsaw", which will hopefully start to run in January 2007
- ✓ Have one professional supporting a family.
- ✓ Work to solve problems early to help children be happy
- ✓ Have one assessment so families are not asked the same questions again and again.
- ✓ To improve the information families and young people have to help them make choices about their health



Transition into Adulthood

- ✓ To improve the way that a young persons health care is provided and ensure a smooth hand over between children's and adult services.

Community Specialist Health Care Team

- ✓ Join the Adult Learning Disability Health Team and the Learning Disability Adult Care Management Team together.
- ✓ Have one professional coordinating supporting to a person.
- ✓ Develop new ways of measuring how well the Team is doing.
- ✓ The Team to helping to achieve all the targets in Valuing People.

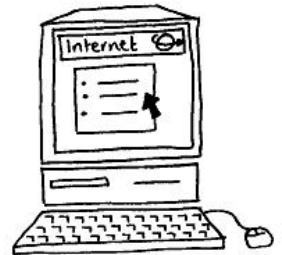


Primary Care

- ✓ Appoint a new person to help train doctors, nurses and others so they can provide a better service to people with a learning disability.
- ✓ Think about new ways of supporting people with specific needs to enable all people to have the best health care.

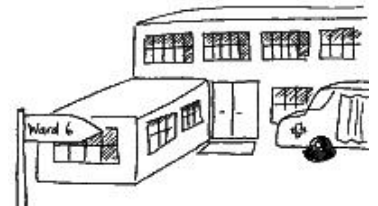


- ✓ To support all people to develop their own Health Action Plan as part of their Person Centred Plan
- ✓ For doctors and nurses to help people develop a Health Action Plan by supporting health facilitators.
- ✓ For every GP to keep a note on their computer of you has got a learning disability, what their specific health needs are and what extra help they need. This is called a register.
- ✓ Choices Advocacy to set up a Learning Disability Patient Group so the NHS can hear what things has got better and what needs to change.



Acute and Secondary Care

- ✓ Provide training to doctors and nurses in hospitals on what it is like to have a learning disability and how they could care for people better.
- ✓ Look at new ways of supporting people in hospital so that an individuals needs are planned for and met.
- ✓ For a person in the Hospital to be a Learning Disability Champion in the Hospital
- ✓ To work with other doctors and nurses to improve services like the work that has happened with Cancer Services



Long Term Conditions

- ✓ Working is underway to improve services for people with long term conditions, which are
 - Coronary Heart Disease
 - Diabetes
 - Renal Care
 - Stroke
 - Dementia
 - Epilepsy
 - Other Neurological Conditions
- ✓ People with a learning disability need to be included in these plans and work.



Healthy Fulfilled Lifestyles

- ✓ To support Person Centred Planning and Health Action Planning to improve people health
- ✓ To improve the service offered at East Southampton Day Service.
- ✓ To make plans for people with complex health needs including people with cerebral palsy, challenging behaviour or autism.
- ✓ Support people with complex health needs to gain employment and improve their health.
- ✓ The local NHS to set targets for the number of people with a learning disability that it employs.



Mental Health

- ✓ To carry on the work following the Green Light Toolkit Review of services to people with a learning disability and a mental health need.
- ✓ To learning disability services to continue to work with mental health services.



Modernization of Assessment & Treatment/Inpatient Services

- ✓ To develop new services to support people going through a crisis to stop them being sent away out of the City.
- ✓ To use money from service in Tatchbury Hospital to do this.
- ✓ To develop a local service to help people when they are in trouble with the police and the law.



Reprovision of Locally Based Hospital Units

- ✓ To re-house all the people still living in NHS long stay accommodation.
- ✓ To provide support which is going to meet their need and enable them to take control of their lives



Continuing Care

- ✓ Enable individuals with complex health needs who are entitled to NHS funding to have their needs met and for them to have greater control of their lives
- ✓ To develop strategies to improve local services which to meet these needs so that money is not wasted.

Commissioning & Partnership Working

- ✓ For the Primary Care Trust and the City Council to work together to plan and buy services for people with a learning disability.
- ✓ For the City Council to take the lead.
- ✓ For the City Council and the Primary Care Trust to pool their money.
- ✓ To have a single provider of learning disability services between the Primary Care Trust and the City Council.



How will this happen?

A Learning Disability Health Board will be set up.

- ❖ Meeting 4 times a year to look at the work of the subgroups
- ❖ Making sure the subgroups have plans that are making a difference and are working
- ❖ Helping the subgroups if there are problems
- ❖ Having the right people on the group to make changes happen
- ❖ Reporting to the Partnership Board on the good things and the things that are getting in the way.
- ❖ Planning for future changes and improvements



