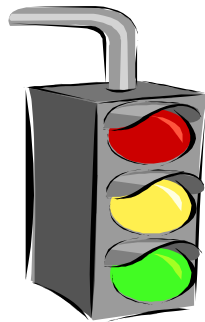


SOUTHAMPTON ACTION PLAN

(Green Light Toolkit)

draft



Making Services better for people with a Learning Disability and a Mental Health problem

There are 5 important areas we agreed to work on and change.

On the next 5 pages we will look at each of the areas and how we are going to make the changes.

1

A team of professionals from mental health and learning disabilities services will work together.



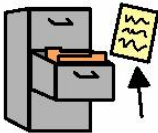
This is what we are going to do:

team



- ❖ Make a team of professionals from mental health and learning disabilities services that link with other services.

paper



- ❖ We will all use the same paperwork to help us work together.



- ❖ This team will talk together when there is a referral, to decide who is best to help.

2

Making sure that everyone works together to provide the best service for the person who is asking for help.



This is what we are going to do:

understand



- ❖ Help people with learning disabilities understand their care plans.



- ❖ Have a written agreement between mental health and learning disability services.

team



- ❖ We will have a team of people who work in mental health and learning disability to make sure these changes happen.

3

One big plan for Southampton will be written for all professionals to use and follow when someone is asking for help.



This is what we are going to do:

doctor



- ❖ Work with doctors (GPs) to write the plan

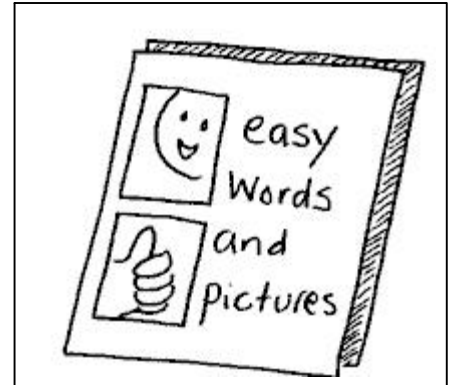
team



- ❖ The team of people who work in mental health and learning disability will make an agreement with the doctors of how they will all work together.

4

Changing the current Care Programme Approach (CPA) forms so that people with a Learning Disability can understand them.



This is what we are going to do:



- ❖ We will talk with service users to get their help to rewrite the forms

check

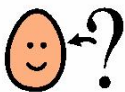


- ❖ We will check any new ideas or changes to the forms with service users before changing them.

meeting



- ❖ We will think about different ways to have CPA meetings so that service users will understand what is happening and why.



- ❖ We will ask service users to help train professionals on the CPA.

training



- ❖ We will make sure that professionals who work in Mental Health and Learning Disability services all get the same training.

5

The people who look after the government money will decide together on how best to spend this money for service users.



This is what we are going to do:



- ❖ We will write a special plan for people who do not easily fit into mental health and learning disability teams.

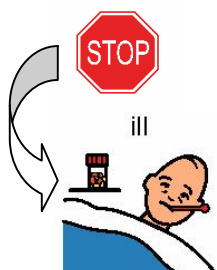


- ❖ We will make sure that some of the money will be to train staff to understand about what services are on offer. Staff also need to have training to make sure they explain in a way the service user can understand.

Ask me



- ❖ We will set up good ways to find out what services are needed.



- ❖ We will talk about ways to make sure people get help early on to stop them becoming ill and to help them to understand what is happening.

Jayne Scott/Hilary Linssen 24.4.06

Comments from service users group added: 08.08.06

('Boardmaker' symbols added by Lawrence Patterson)