

"Person centred means that I get to plan my life the way I want. It doesn't mean that I have to do it on my own. It means that other people who I like and trust help me - on my terms"



It's about listening to you and learning about what you want from your life, and helping you to think about what you want now and in the future.

Action



Thinking about having a plan?

Talk to Pete Collins
Phil Orchard



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Person Centred Planning

Planning with people who have learning disabilities.



What do I want?
How will I get it?
Who will help me?



College



Social life



Home



Relationships



Money



Job



What do I want?



Holidays



Sport



Health



New friends



Transport